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Additional Online Resources for Patients

Below are some additional resources for individuals with kidney disease.

<u>American Association of Kidney Patients (AAKP)</u> [1] ? is another kidney patient organization that can offer helpful educational resources on mental health conditions.

<u>American Mental Health Alliance (AMHA)</u> [2] ? is a group that provides information about psychotherapy, counseling and mental health services.

<u>American Psychological Association (APA)</u> [3] ? is a scientific organization that represents psychologists, but also has helpful resources for patients.

<u>DaVita</u> [4] ? is one of the largest dialysis providers in the US and provides a lot of education resources for patients.

<u>National Alliance on Mental Illness (NAMI)</u> [5] ? is another nonprofit organization dedicated to improving the mental health of Americans.

<u>National Institute of Mental Health (NIMH)</u> [6] ? is the largest scientific organization in the world dedicated to research on mental health conditions.

<u>Mental Health America (NMHA)</u> [7] ? is a nonprofit advocacy organization that works on mental health and substance use conditions.

World Health Organization (WHO) [8] ? is the United Nation?s public health arm. This is another good source of basic information about mental health issues.

<u>Center for Disease Control (CDC)</u> [9] ? is the national public health institute in the United States. They also have a lot of good basic scientific information for patients.

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Links

- [1] https://aakp.org/dialysis/a-caregivers-wish-list-tips-on-how-dialysis-patients-can-help-their-caregivers/
- [2] http://www.americanmentalhealth.com
- [3] http://www.apa.org/topics/index.aspx
- [4] https://www.davita.com/education/ckd-life/support/mental-health-services-for-people-with-kidney-

disease

[5] http://www.nami.org

- [6] http://www.nimh.nih.gov/health/index.shtml
- [7] http://www.mentalhealthamerica.net/finding-help
 [8] http://www.who.int/topics/mental_health/en/
 [9] https://www.cdc.gov/mentalhealth/